

N • E • A • T Neuro Energy Assessment & Training

1440 Main Street | Sarasota, Florida, 34236

| Name | | | | | Age | |
|---------|---|---------------------|------------------------|------------------|--------------------------|----------|
| Is clie | nt alert? | Level of Education | | | | _ |
| 1. | What day of | the week is it? | | | | |
| 2. | What is the | year? | | | | |
| 3. | What state a | are we in? | | | | |
| 4. | Please reme | mber these five Pen | objects. I will Tie | ask you what the | ney are later. Car | |
| 5. | You have \$1 \$20. | 100 and you go | to the store an | d buy a dozen a | pples for \$3 and a tric | ycle for |
| | | much did you s | spend? | | | |
| | | | | | | |
| 6. | Please name | e as many anima | ls as you can | in one minute. | | |
| | 0-4 a | animals 5-9 anin | nals 10-14 ani | mals 15+ anim | als | |
| 7. | . What were the five objects I asked you to remember? | | | | | |
| 8. | I am going to give you a series of numbers and I would like you to give them to me backwards. | | | | | |
| | | example, if I say | 42 vou woul | ld sav 24 | | |
| | | 87 649 | | | | |



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| 9. This is a clock face. Please put in the hour markers and the time at ten minutes to eleven | | | | |
|---|--|--|--|--|
| o'clock. | | | | |
| Hour markers okay | | | | |
| Time correct | | | | |
| 10. Please place an X in the triangle. | | | | |
| | | | | |
| Which of the above figures is largest? | | | | |
| 11. I am going to tell you a story. Please listen carefully because afterwards, I'm going to as | | | | |
| you some questions about it. | | | | |
| 12. | | | | |
| Jill was a very successful stockbroker. She made a lot of money on the | | | | |
| stock market. She then met Jack, a devastatingly handsome man. She | | | | |
| married him and had three children. They lived in Chicago. She then | | | | |
| stopped work and stayed at home to bring up her children. When they | | | | |
| were teenagers, she went back to work. She and Jack lived happily ever | | | | |
| after. | | | | |
| What was the female's name? | | | | |
| When did she go back to work? | | | | |
| What work did she do? | | | | |
| What state did she live in? | | | | |

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Important Information:

If you decide to continue and self administer this test, you should understand this is an assessment tool and that you are not receiving an official diagnosis of mild cognitive impairment, Alzheimer's, or any one of the eight types of dementia.

If you find the test results suspicious, please don't jump to any conclusions. Instead, you should contact your doctor immediately, and ask for a neurological or geriatric consult. These specialist can determine, through a series of tests, whether or not you are suffering from or headed for Alzheimer's

While most causes of dementia are irreversible, there are many possible causes of dementia. Some causes are reversible, such as certain thyroid conditions or vitamin deficiencies. If these underlying problems are identified and treated, then the dementia reverses and the person can return to normal functioning.