



The Brain Wave Center™

Home of
N • E • A • T
 Neuro Energy Assessment & Training

1440 Main Street | Sarasota, Florida, 34236

Brain Assessment Screener

Please place a check in the column that best describes each item.

	Almost Never (0)	Sometimes (1)	Often (2)
Experiences aches and pains or headaches			
Become easily tired or have low energy			
Distracted easily			
Feel sad, unhappy			
Feel irritable, angry			
Difficulty falling asleep and/or staying asleep			
Forget names of people or things			
Racing thoughts			
Disorganized			
My thinking ability seems slower than usual			
My reaction time seems slower than normal			
My concentration is worse than it used to be			
Anxiety or feeling nervous			
Trouble finding the right word or using the wrong word			
Tremors or shaking			
Loss of interest in some activities I previously found enjoyable			
Trouble reading (cannot understand what you read)			
Sum each column:			
Add the 3 columns together for a total score:			

So How Did You Do?

Scoring:

- 5 or Less is within Normal Limits -- Evoke Test is Optional for Baseline
- 6 to 8 is Moderate -- Evoke Test is Recommended for Baseline
- 9 and above is Severe -- Evoke Test is Strongly Recommended

1 Health Place – We Provide Answers

